

# Kaufman ISD SHAC F.A.Q

## ***Coordinated School Health Mission Statement:***

Healthy students are better learners. The Kaufman ISD Health Advisory Council (SHAC) will utilize collaboration through school staff, families, agencies, and other interested community members to positively impact health attitudes and behaviors.

## ***Whole School, Whole Community, Whole Child Model***



## ***Need more information:***

*Please contact:*

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## **What is my role?**

You can help our school district better prepare our students for success through coordinated school health. To better prepare you for the responsibilities and expectations of SHAC, please see below for answers to frequently asked questions.

1. **What is the role of SHAC?** The SHAC has many roles that include, but are not limited to setting priorities based on community needs and values and links with community resources; developing plans that address all eight components of a coordinated school health program; assisting in program planning, promotion and advocacy, fiscal impact, district and state agency interaction, district school board interaction, and evaluation, accountability and quality control.

2. **What are the main responsibilities of SHAC?** The SHAC's duties include recommending: 1) the number of hours of instruction to be provided in health education; 2) curriculum appropriate for specific grade levels designed to prevent chronic illness through coordination of : health education; physical education and physical activity; nutrition services; parental involvement; and instruction to prevent the use of tobacco; 3) appropriate grade levels and methods of instruction for human sexuality instruction; and 4) strategies for integrating the curriculum components specified by Subdivision 2 with the following elements in a coordinated school health program for the district: school health services; counseling; a safe and healthy school environment; and school employee wellness.

3. **How often does SHAC meet?** The SHAC meets a minimum of four times throughout the school year. Attendance is expected and appreciated for continuity throughout the year. Times are set at the first annual meeting with input from all board-approved members for the calendar year.

4. **Where does SHAC meet?** Meetings are held at the Kaufman ISD Administration Building at 1000 S Houston Street in the board room. We are currently working on trying to hold them virtually for members who might not be able to attend because of work.

5. **How can I prepare for my role on SHAC?** All new SHAC members will receive the Kaufman ISD by-laws at the first meeting attended. These by-laws explain the roles and responsibilities of all SHAC members. All applicable information, resources, and reports will be provided to you.

6. **How long do meetings last?** The typical meeting length is approximately an hour.

7. **Who facilitates the meeting?** SHAC is required by the law to have a parent serve as a co-chair. The chair and co-chair will provide the agenda and facilitate the meeting.